

30th September 2022



Mail on Friday

Redhill Primary Academy and Nursery

Weekly Newsletter

Email us at: parentcontact@redhillprimary.co.uk

Special Change to the Menu - Next Week Only

Next week, we have a menu change on Thursday 6th October, so please add this change to your diaries.

Thursday 6th October is school census day.

On this day, we provide information to the DfE which dictates how much funding the school receives.

As you know, the more funding we receive, the better provision we can provide for the children.

One of the key funding categories is how many children stay for Universal Free School Meals (UFSM) on census day. All children in Reception, Year 1 and Year 2 are entitled to a free meal (hot dinner, jacket potato or sandwich) every day. Some parents choose not to take this offer and supply their children with a packed lunch. We always try to ensure that on census day one of the more popular meal choices is available. This time we will be having an American themed menu - see our flyer below for further details. Please remember there is also the school sandwich which you can pre-order or the option to have a jacket potato; these are also very popular for many children. We would like your help to try and encourage your child to take up the UFSM offer and if at all possible, try it out next Thursday. Thank you.



Uniform

Please can we ask that parents name their child's school uniform, particularly jumpers, cardigans and PE hoodies. After one month, we have a significant amount of school uniform in lost property that we can't return to children.

European Day of Languages

This week, we have been celebrating European Day of Languages. We started with an assembly, learning all about the different languages which are spoken in Europe. We thought about why learning a language is important and how we might use it in our future lives. We were also lucky enough to celebrate the day with an Italian themed lunch, including pasta and pizza, as well as some lovely doughnuts! Finally, each class took part in some activities to develop their knowledge of languages. Some classes learnt more French (our chosen modern foreign language), some classes learnt a little of other languages and some learnt more about the importance of languages across the World. We had a great day!

Year 5/6 Boy's Football Team

Congratulations to the year 5/6 boys' football team who won all their group games at the first tournament of the season this week to qualify for the next round. They played brilliantly and didn't concede a goal all evening, as well as showing excellent team work skills. A promising start to what should be an excellent season.



Keeping Children Safe during Community Activities, After-school Clubs and Tuition Questions to Help Parents and Carers Choose Out-of-school Settings.

As we start a new school year, parents may well be looking for after-school clubs, theatre groups or sports clubs. The DfE has a document that helps parents identify the safeguarding issues to consider when choosing a provider. Keeping children safe during community activities, after-school clubs and tuition: Questions to help parents and carers choose out-of-school settings.

Parents can access the guidance here:

<https://www.gov.uk/government/publications/guidance-for-parents-and-carers-on-safeguarding-children-in-out-of-school-settings/keeping-children-safe-during-community-activities-after-school-clubs-and-tuition-questions-to-help-parents-and-carers-choose-out-of-school-settings>

Attendance

At our school, we believe in developing good patterns of attendance and set high expectations for the attendance and punctuality for all our pupils from the outset. We recognise that there are important connections between attendance, attainment, safeguarding and wellbeing.

Therefore good attendance is a priority for our school.

Attendance Levels are Good to Excellent

This level is equivalent to between 0-7 days off per year.

Children are rewarded with an attendance certificate, presented in assembly, at the end of the school year. Children are accessing all/most learning opportunities.

96-100%

Attendance Levels are Beginning to Cause Concern

This level is equivalent to between 9 and 17 days off per year.

Attendance will be analysed and attendance reports provided to Mrs Whiting to monitor reasons for absence, patterns, etc. There is a high risk of underachievement.

93-95.9%

Attendance Levels Causing more Significant Concern - Persistent Absence

This level is equivalent to between 19 and 25 days off per year.

Parents will be invited to a meeting/attendance panel at school and an attendance action plan/contract agreed. A date for plan/contract to be reviewed to be agreed at the meeting. There is a severe risk of underachievement.

90-92.9%

Attendance Decreased to an Unacceptable Level - Below Persistent Absence Rate - Despite Interventions by School Staff

This level is equivalent to more than 27 days off per year.

If a child's attendance reaches this level, then further support may be requested from Family Support Services or the family may be referred for prosecution.

Below
90%* 85%**



Here **4** Parents

Helping you support your child's Emotional Health and Wellbeing

Emotional Health and Wellbeing School Nurse here to provide
confidential advice and support for parents with children
aged 5-19

Every Monday 9am-2pm from the 3rd of October 2022,

At

Sutton Hill Medical Practice

(Child health clinic room at the rear)

Maythorne Close,

Telford TF7 4DH

Please call 0333 358 3328

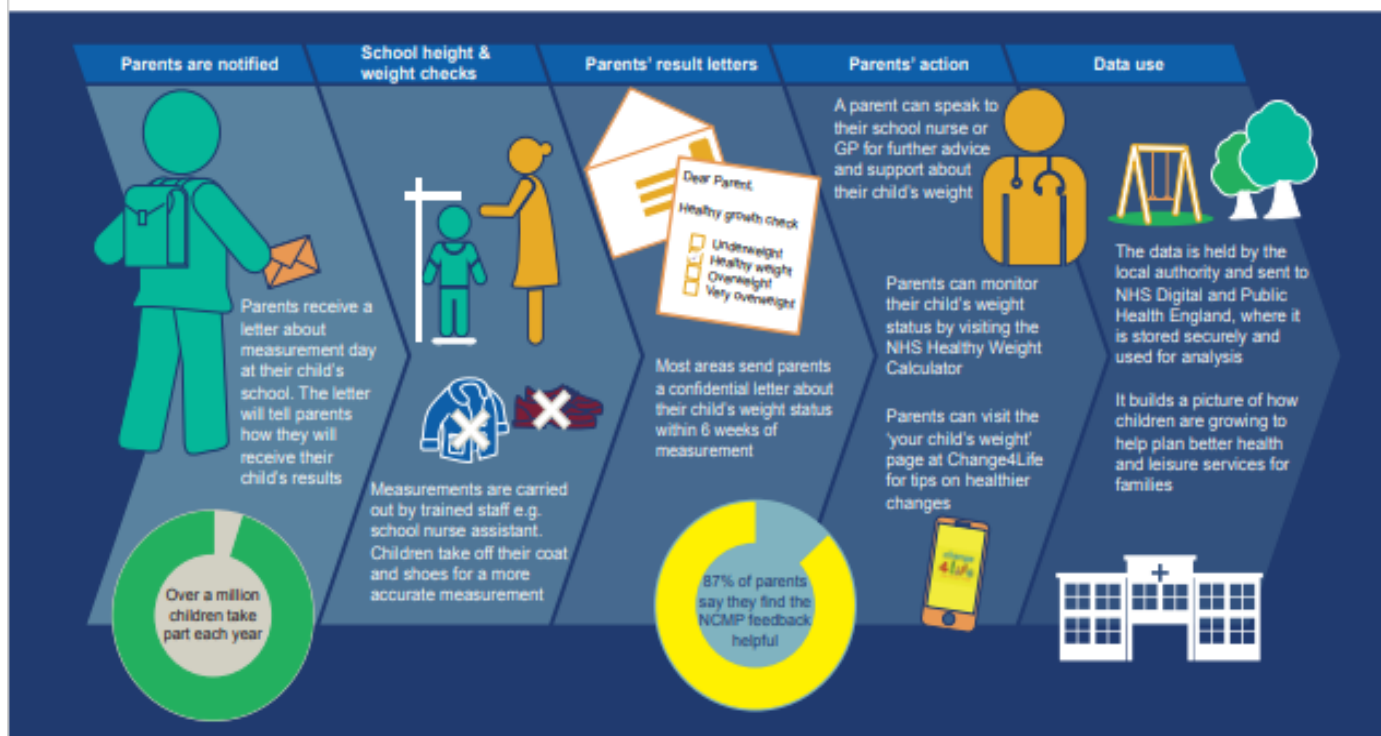
To book your face-to-face or

Online appointment



School height and weight measurements

Every year, throughout England, more than a million children in Reception and Year 6 have their height and weight measured at school as part of the National Child Measurement Programme



What we know from the data collected so far

- Most children in Reception and Year 6 are a healthy weight.
- Around one in ten children in Reception is very overweight. This doubles to one in five children by year 6.
- The number of very overweight children in Year 6 is increasing year on year.
- Most children who are overweight in Reception will remain so or become even more overweight for their age by year 6 without action to achieve a healthier weight.

Because many children are overweight, we are all becoming used to seeing heavier children as the norm. It means we cannot always tell when a child is overweight. That is why many parents find it helpful to have an objective measurement of how their child is growing. More than 8 in 10 parents say this information is helpful and they can then make decisions about their child's lifestyle and wellbeing to make changes, or seek support if necessary.

Why achieving a healthy weight is important

When children are a healthy weight, they feel better about themselves. They find it easier to play and learn. And they are more likely to grow up healthy too. Helping them to be a healthier weight when they are a child can set up their health and wellbeing for life.

You can encourage the whole family to enjoy eating healthily and being active which will help your child achieve and maintain a healthier weight. Children who see their parents, grandparents and carers following a healthy and active lifestyle tend to join in and learn by example. These habits become a normal part of everyday life for the whole family.

Change4Life is here to help your family be healthy and happy

change
4life

Be Sugar Smart

Kids are having nearly three times more sugar than they should. Too much sugar is bad for teeth and can lead to weight gain. But don't worry, we have some simple swaps to help you be sugar smart and cut back.

- 1** Sugary drinks are bad for teeth and lead to decay. Swap fizzy drinks, juice drinks and flavoured milks for water, lower-fat milks and no added sugar drinks. Limit fruit juice to no more than 150ml a day and stick to meal times.
- 2** Eating breakfast every day is important, but some breakfast choices have much more sugar than you think. Opt for plain porridge, shredded wholegrain or plain wholewheat biscuit cereals. Help your kids towards their 5 A DAY by adding in chopped fruit.
- 3** Sugary snacks can all add up! Fruit and vegetables are always the best snack. But when choosing packaged snacks, stick to two a day max.



See what's really inside your food and drink

Download our food scanner app for FREE and see for yourself the amount of sugar, salt and saturated fat in everyday food and drinks.



change4life is here to help.

Search Change4Life and sign up for loads of healthy eating tips, tasty recipes, easy lunchbox ideas, fun activities and much more!



We're on Facebook too and want to hear from you!